



South East Leisure



Hydrotherapy Pool Timetable

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			9am Aqua Movers (60 mins)			
10am Aqua Movers (60 mins)	10:30am Aqua Movers (60 mins)	10am Narre Warren Physio	10am Aqua Movers (60 mins)	10am Aqua Movers (60 mins)		
		10:30am Narre Warren Physio	11am Aqua Movers (60 mins)			
11:15am - 12pm Positive Ageing Aqua Group	11:30am Aqua Movers (60 mins)	11:15am Aqua Movers (60 mins)	12pm Waverly Park Physio	11:00am Aqua Movers (60 mins)		
12pm Waverly Park Physio	12:30pm A2Z Health Group	12pm - 1pm Positive Ageing Aqua Group		12:30pm A2Z Health Group		
1:30pm Dandenong Physio		1pm Hampton Park Physio	1:30pm Narre Warren Physio	1pm A2Z Health Group		
2pm Physio Choice			2pm Narre Warren Physio	1:30pm Hampton Park Physio		
				2pm Physio Choice		
6:30pm Aqua Fun (45 mins)	6:30pm Aqua Fun (45 mins)	6:15pm Aqua Fun (45 mins)	6:30pm Aqua Fun (45 mins)			



 Private Group Booking - No Public Access

Please note:

- *A staff member will clear the pool, 5 minutes prior to the beginning of an Aqua Class
- *All pools are cleared 15 minutes before Centre closing time
- *Please note, all coloured sections are unavailable time spots either half pool or full pool